

Exercise Science Transfer Pathway

General Education Course Requirement: 35 Credit Hours			
Discipline		Credit Hours	Notes
English Discipline (SGE) ⁰¹⁰		6	
ENG 1013	English 101	3	
ENG 1023	English 102	3	
Communication Discipline (SGE) ⁰²⁰		3	
Math & Statistics Discipline (SGE) ⁰³⁰		3	College Algebra
Natural & Physical Science Discipline (SGE) ⁰⁴⁰		5	General Biology w/lab or Principles of Biology I
Social & Behavioral Science Discipline (SGE) ⁰⁵⁰		6	Must complete two courses from two different subject areas. (Psychology & Sociology recommended)
Arts & Humanities Discipline (SGE) ⁰⁶⁰		6	Must complete two courses from two different subject areas.
Institutionally Designated (SGE) ⁰⁷⁰		6	
			Introduction to Exercise Science
			Nutrition
*Additional Course Requirements for Degree Completion: 25 Credit Hours			
Discipline	Course Title	Credit Hours	Notes
Arts & Humanities Discipline		3	Additional 3 hours
Social & Behavioral Discipline		3	Additional 3 hours
Natural & Physical Science Discipline		5	Anatomy & Physiology
Cultural Studies		3	
Physical Education		1	Lifetime Fitness Concepts
	First Year Experience	2	
	Capstone	1	
Electives		7	First Aid Care & Prevention of Athletic Injuries
			Personal and Community Health
			Microbiology
			Introduction to Business
			General Chemistry or Basic Chemistry
			Psychology of the Human Lifespan
			Medical Terminology
	Total	60	

* The same courses cannot be used to meet both the General Education course requirement and the additional course requirement.

Exercise Science Pathway - Semester Plan

Fall Semester	
Course	Credits
English 101	3
Math & Statistics (College Algebra)	3
First Year Experience	2
Nutrition	3
Arts & Humanities	3
Total	14

Spring Semester	
Course	Credits
English 102	3
Social & Behavioral Science (Psychology)	3
Natural & Physical Science (General Biology or Principles)	5
Electives	3
Total	14

Fall Semester	
Course	Credits
Introduction to Exercise Science	3
Communication	3
Arts & Humanities	3
Social & Behavioral (Sociology)	3
Add'l Natural & Physical Science (Anatomy & Physiology)	5
Total	17

Spring Semester	
Course	Credits
Cultural Studies (Geography)	3
Add'l Arts & Humanities	3
Add'l Social & Behavioral	3
Electives	4
Capstone	1
Lifetime Fitness	1
Total	15